**Press Release:** *This is an example of a press release. Simply add your details to the bracketed sections (delete the brackets), and any additional information that makes this experience unique. Contact to your local news outlets (newspaper, radio stations) in your area with a good, clear photo of the athlete.*

*(Note – search your city, state “local news outlets” in google, and follow the steps to submit content. This may vary from news outlet to news outlet.)*

*Within the release below, there is a space for you to add your own quote. Please do not change any text that is not within brackets.* ***Delete this paragraph before sending.***

**OCAL CHEERLEADER/DANCER TO PERFORM IN THE 2026 VARSITY SPIRIT SPRING BREAK PERFORMANCE AT THE WALT DISNEY WORLD® RESORT**

**Memphis, TN –** [Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_] from [School Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_] in [City, State \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_] is one of more than 250 performers from across the country that will represent Varsity Spirit in the 2026 Varsity Spirit Spring Break Performance at the Walt Disney World® Resort in Orlando, Florida from March 14-17, 2026.

The individuals invited to perform in this exciting event are part of a select group of school cheerleaders, all star cheerleaders, studio dancers, and aspiring cheerleaders and dancers from across the country.

[Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_] will participate in an exclusive performance at Disney’s Magic Kingdom Park before of hundreds of fans. Besides enjoying a sunny trip to Orlando, performers will have the opportunity to meet cheerleaders and dancers from across that nation and enjoy a magical spring break at Walt Disney World® Resort parks.

*[Insert quote from participant here, explaining what they are most looking forward to, or how they feel about being a part of the Varsity Spirit Spring Break Performance.]*

 For more information about the Varsity Spirit Spring Break performance, visit [www.varsity.com](http://www.varsity.com).

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**About Varsity Spirit**

Memphis-based Varsity Spirit, the driving force behind cheerleading's dynamic transformation into the high-energy, athletic activity it is today, is the leading global source for all things spirit, including cheerleading, dance team, performing arts and yearbook. A division of Varsity Brands, Varsity Spirit is a leader in uniform innovation, as well as educational camps, clinics and competitions, impacting more than a million athletes each year. Focused on safety, entertainment and traditional school leadership, Varsity Spirit's employees have been dedicated to celebrating spirit through its brands since 1974. For more information about Varsity Spirit or Varsity Brands, please visit varsity.com or varsitybrands.com.

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